

Welcome

Welcome to Corwhin Herbs and Produce. We specialize in growing herbs and non-traditional vegetables in reclaimed land. We grow like we're going to eat what's in the garden (we probably will) and like to try new things.

Our Practices

- ◆ Use reclaimed land, some plots may be a triangle, but it works
- ◆ Practice companion gardening
- ◆ Use a lot of compost and cover crops



Extra Facts

- ♥ One of the largest rhubarb growers in Puslinch Twp
- ♥ The Nap family has farmed in Puslinch Twp since 1958 and gardening has always been a family activity
- ♥ 2018 is our second year offering a CSA
- ♥ One of the largest herb growers in Wellington Cty

Why choose Corwhin?

Why should you join a CSA and get a farm share/veggie box/local food share?

- 1) Because you like food. Fresh food.
- 2) You want to support local rural businesses.
- 3) You want to reduce your food footprint.

Whether it's the farmers market, a road-side stand or a CSA share, you can find out that Ontario is a great place to grow and can grow just as good as many



C.S.A

CSA stands for “community supported agriculture” or “community shared agriculture”. Citizens from the community support a farm business by getting their food from it through the purchase of a “farm share”. A share-holder (client) buys into the program before the season begins and receives what's ready on an interval basis, sharing the bounty and the risks of harvest. It's easier for a grower to plan as they know who they are growing for. It's easier for the share-holder to know where their food is coming from as they can talk to the grower in person and even visit the gardens, pastures and fields.

You never know how harvest will be until the day you are harvesting. Both share the risk of a poor harvest and the gamble on there being a bumper crop.



To support other businesses and add to what is in a share box, we add locally sourced items such as eggs, honey and sweet corn.

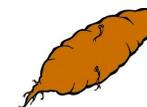


Where is Corwhin?



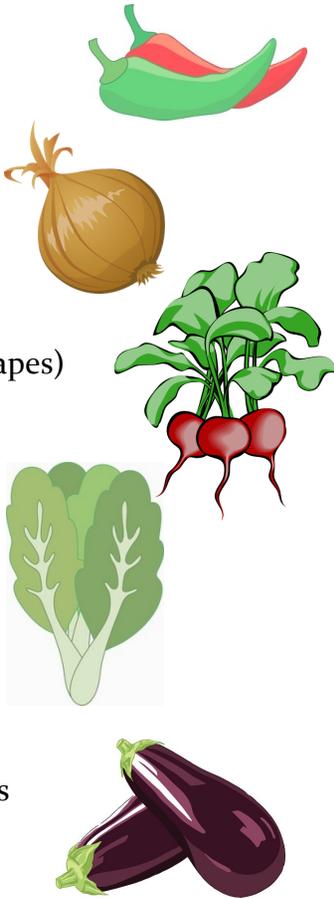
What is Corwhin Herbs & Produce?

- ◇ CH+P is a hobby that grew and grew
- ◇ It is an extension of the knowledge and lifestyle of how produce was and still is grown for the Nap family
- ◇ A focus on herbs led to the adoption of growing world crops, plants that are used for food in other countries but are not traditionally grown in Canada
- ◇ The produce is grown on the family farm, once a dairy farm it now is home to a mixture of farming
- ◇ Land used is reclaimed farm field pieces that were left out of modern farm uses due to its size, shape or topography, the unwanted is now given love
- ◇ Not afraid to try new things, including strange vegetables, trellising vines, using cover crops, building terraces and using insect traps



CSA Items To Expect

- ♣ Arugula
- ♣ Basil
- ♠ Beets
- ♠ Beans
- ♠ Cabbage
- ♠ Carrots
- ♠ Cut flowers
- ♣ Cut herbs
- ♠ Eggplant
- ♠ Garlic (and scapes)
- ♠ Gourds
- ♠ Hot peppers
- ♠ Kale
- ♠ Lettuce
- ♣ Mint
- ♠ Okra
- ♠ Onions
- ♠ Pak Choi
- ♠ Squash
- ♠ Sweet peppers
- ♠ Sweet potatoes
- ♠ Tomatoes
- ♠ Turnip
- ♠ Zucchini



Package

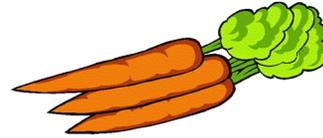
18 weeks with eggs ♠\$695 ♠
18 weeks no eggs ♠\$650 ♠

- ♣ Share box provided at first pickup
- ♣ Share pick up will be Sundays 3-7 pm at the farm. Special requests can be discussed.



2018 Focus

- ♦ More flowers grown
- ♦ Trialing different carrot varieties and growing conditions
- ♦ Adding gourds and ornamental corn
- ♦ Choosing your own cut herbs each week (sage, oregano, tarragon, parsley, lemon grass, etc)



Contact

Grower/Proprietor - Barclay Nap
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Or visit our Facebook page

CSA Timeline

18-20 weeks: late June to mid-October

Weather has a big say in when things are ready to start and when we are forced to call an end to the season. The goal is 18 weeks of shares, anything more is an added bonus.

Mid-August: CSA partners' potluck



♥ 2018 CSA Highlights ♦